

Vrouwen 50 / 54

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|---------|-----------------------------|----|----------|
| 1.10.31 | Anja van Vliet | 62 | Delft |
| 1.14.23 | Nicolette Steegeling Bakvis | 64 | Ter Aar |
| 1.25.51 | Maranka verkerk | 62 | Nijmegen |

Vrouwen 55 / 59

| | | | |
|---------|-------------------------|----|------------|
| 1.19.21 | Moniek Kingma-Schippers | 60 | Terheijden |
| 1.31.33 | Reina Wijnia-Kwant | 56 | Zwolle |

Vrouwen 60 / 64

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| 1.11.50 | Paula de Gier | 53 | Alphen a.d. Rijn |
| 2.14.13 | Annie van Rossum | 54 | Houten |

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| 1.19.02 | Ria van Weezep | 47 | Lelystad |
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Mannen 45 / 49

| | | | |
|---------|---------------|----|--------|
| 0.56.44 | Paul Coolegen | 67 | Velp |
| 1.18.26 | Egbert Vink | 70 | Zwolle |

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| 0.56.19 | Evert de Graaf | 63 | Capelle aan de IJssel |
| 0.58.57 | John van Tilburg | 62 | Antwerpen |

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|---------|--------------------|----|--------------|
| 0.58.54 | Gert-Jan Tichelaar | 57 | Nijmegen |
| 0.59.57 | Johan Neve | 57 | Overveen |
| 1.02.18 | Jan Oehlen | 56 | Venlo |
| 1.08.40 | Bart van Vliet | 56 | s'Heerenberg |

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| | | | |
|---------|-------------------|----|------------|
| 0.58.48 | Gijs van den Hurk | 55 | Heerde |
| 1.01.57 | Rudi Hoffman | 55 | Driemond |
| 1.05.46 | Toon Verkerk | 54 | Nijmegen |
| 1.07.08 | Jan Stolker | 51 | Zwolle |
| 1.07.45 | Arie van der Ham | 52 | Heerde |
| 1.13.13 | Cees de Vries | 51 | Nijmegen |
| 1.13.15 | Harry Boezer | 51 | Oisterwijk |
| 1.13.20 | Jan v.Zalinge | 55 | Purmerend |
| 1.33.14 | Bertus van Kommer | 51 | Heerde |

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| 1.01.15 | Drikus Haalboom | 47 | Nijmegen |
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Mannen 70 / 74

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|---------|----------------|----|-------------|
| 1.12.02 | Cees Methorst | 45 | Ter Aar |
| 1.14.16 | John van Gilst | 44 | Spikernisse |
| 1.16.00 | Lammert Visser | 44 | Nettetal(D) |
| 1.20.54 | Joop Raaphorst | 42 | Zoetermeer |

Mannen 75 / 79

| | | | |
|---------|---------------|----|---------|
| 1.19.30 | Gillis Bosman | 39 | Tilburg |
| 1.32.23 | Jan Weijnen | 36 | Tilburg |

